

Creativity Counts PAGE 20 Dan's Event Calendar PAGE 17 Skarlatos Still Running PAGE 6

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letters

WEIGHING IN ON EPILEPSY

My previous dog, Ojai, was a Vizsla/Lab, a mix of breeds susceptible to epilepsy yet she did not suffer from it and died “naturally” in my arms at home, age 15. I grew up with a beagle (prone to epilepsy) who lived to be 18, and suffered severe epileptic seizures throughout most of his life. He was a St. Patrick’s Day surprise puppy named Lucky.

I sympathize with Camilla Mortensen’s experience with Aksel, yet her overall approach left me feeling impatient and flustered. Most notably is the absence of any holistic options! She states she’s “not freaking out” as much, yet her continued anxiety is clearly present, which is projected onto Aksel and does him no favors.

“We added the third medication, pregabalin, and Aksel is just a little more doopey and unbalanced than he was before.” Who is? Get rid of the drugs! They are inherently more dangerous, unhealthy and expensive than a healthy diet!

Remain calm, don’t project your fear of death. When Lucky had his convulsions — limbs rigid, eyes ready to explode, foaming at the mouth, looking like he’d die — my family covered him with a blanket, calmly petting and consoling him through it. No drugs. This is a dog who, years older, (twice!) found his way back to our original house, miles away and over a mountain, because his best memories were there.

Dr. Pitcairn’s Complete Guide to Natural Health for Dogs and Cats has two pages related to epilepsy. I’d recommend using it.

Sean S. Doyle
Corvallis

Editor’s note: Some dogs with epilepsy have only a couple seizures a year. Most veterinarians don’t prescribe medication unless the dog starts to have seizures more than once a month. To not medicate a dog like Aksel, who is prone to clusters and multiple seizures a week would essentially be a death sentence. The essay addresses the use of MCT, a natural dietary option, as well as CBD. Acupuncture is also an option in conjunction with the recommendations of a neurologist.

SAFE FOR CYCLISTS

This is in response to Rachel Elise Hawks’s letter.

In Oregon, a bicycle is legally con-

sidered to be a vehicle. When riding a bicycle on a road, you have the same rights and duties as people who are driving cars. If the road cannot accommodate both a car and a bicycle side by side, then the car must stay behind the bicycle until they can safely pass.

Oregon has a Minimum Safe Passing Distance law that is unlike any other state. Instead of specifying the minimum number of feet necessary to make a safe passing distance, the minimum safe passing distance in Oregon is the distance the driver would need to avoid hitting a cyclist if the cyclist were to fall into the driver’s lane of traffic.

Erratic driving behavior such as swerving a vehicle or honking a horn that causes the other party to lose control of their vehicle, could result in damages against the driver.

We all need to get where we are going. My needs are just as important as yours.

Richard Hughes
Cycling instructor,
League of American Bicyclists
Eugene

NOT NIMBY?

On an island of public land at 40th Avenue and Patterson Street the Eugene Water and Electric Board is planning to destroy a city forest. Logging is to begin in August.

Steve Mital’s personal attack letter against me (*EW* 6/17) is a perfect PR ploy. It detracts and spins. It takes attention away from the real issue. EWEB’s original infrastructure plan was to build one water storage tank on this large 10.74 acre site now. A tank needs less than 2.5 acres of land. This is not an either/or situation. We can have a new earthquake-proof water tank, save open land with oaks, and save a forest grove with 100- to 150-year-old trees on the property. There’s no need for EWEB to log this mature fir pine habitat.

EWEB Commissioners can prevent this environmental disaster. The plan was to build one tank. Build it. I and other neighbors have never opposed building one tank on this site. Our support was lost when the general manager arbitrarily decided, without consulting the board or other staff, to build two gigan-



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tic tanks at 40th now. Ask your EWEB elected commissioner to vote on this massive, expensive project, rather than simply “endorse” a general manager’s decision. Come and judge for yourself. Is this city forest worth saving? This is not about private property. This is not NIMBY. It’s about a public treasure.

*Sandra Bishop, former
EWEB Commissioner
Eugene*

Editor’s Note: Like Sandra Bishop, Steve Mital is a former EWEB commissioner, not current as was implied by the signature EW printed in last week’s letters. Mital stated it correctly in his submission. Alas, there was an editing error.

MY HUMPS, MY LOVELY LITTLE LUMPS

I don’t know if this even bears a response but I could not follow the logic of Don Richey’s (6/10) letter regarding “speed humps” on Jefferson Street. I imagine after years of a 25 mph speed limit on Jefferson being all but ignored, the residents who live on Jefferson asked the city to enforce the posted speed. Rather than providing a full time police monitor, the city doubtless proposed the installation of the existing speed humps. First responders are required to drive within the posted limits.

What Richey fails to understand is the humps are designed to be taken at the posted speed or below, with minimum disruption or effect on the driver and vehicle. Therefore, no adjustment for speed need be taken if one is traveling the posted limit, saving fuel and minimizing pollution. However, if you do speed over them, they can be very disruptive. One would surmise this may have been the impetus for Richey’s letter of protest.

It is unfortunate some drivers choose not to follow the posted speed limit; which is derived for safety to the residents within the residential area, not

for the convenience of motorists passing through. Some will learn, only when it is too late, they are driving faster than their ability to stop, when an unexpected obstacle presents itself; whether a ball, or worse, a child. It happens, when you least expect it.

Speed humps are the next to last resort, not the first option. The last resort, which was implemented in west Eugene, would route traffic out of the neighborhood. I would rather see speed humps constructed than a family to lose a child to a speeding selfish motorist, who no doubt would consciously or unconsciously carry that mistake to his or her grave.

One definition of insanity is repeating the same behavior and expecting a different result. Slow down, the life you save may be your own.

*Marc LaPine
Cottage Grove*

RUBBING THEIR HANDS

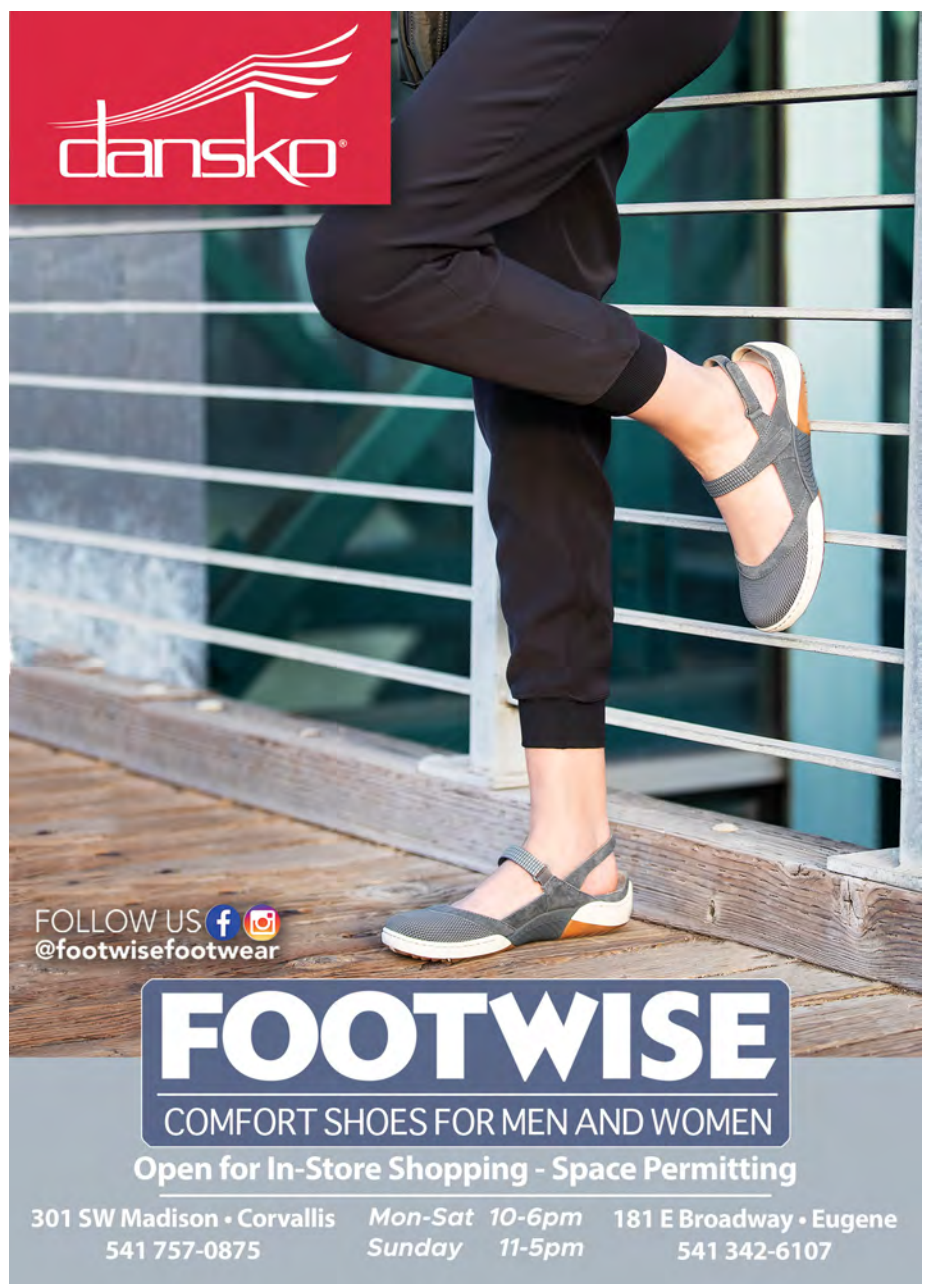
The races are at each other’s throats with renewed vigor. Men and women continue to spit accusations of a need to dominate. And, as has been recently made evident in these very pages, the generation gap continues to be played out with mutual animosity.

Meanwhile, you can bet that the C. Montgomery Burns of the world are sitting up in their board rooms, rubbing their hands together with sly ophidian satisfaction and murmuring, “Excellent...”



*Bill Smee
Eugene*

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We welcome letters on all topics and will print as many as space allows, with priority given to timely local issues. Please limit length to 250 words and include your address and phone number for our files. Email to letters@eugeneweekly.com, fax to 484-4044 or mail to



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Off the Rails

LOCAL POLITICAL LEADERS ARE CONCERNED ABOUT ALEK SKARLATOS' EXTREMIST VIEWS

By Taylor Perse

In May, Alek Skarlatos announced his plans to run for Congress again in 2022. But in between his political races — a failed challenge to Rep. Peter DeFazio, and before that a failed run for Douglas County commissioner — the former National Guardsman turned actor has been outspoken about his right-wing views of political issues.

Skarlatos has joked multiple times about the Jan. 6 insurrection at the U.S. Capitol and has declined to comment when asked about the winner of the 2020 presidential election. These extreme views and his refusal to speak to nonconservative media outlets is prompting concern from local political leaders on if he would be able to represent all people in an Oregon district.

During the November 2020 general election, the 28-year-old from Roseburg faced off against DeFazio in Oregon's 4th Congressional District, losing by roughly 5 percent of the vote. By the 2022 election, Oregon will have a new congressional district, but it is still unknown how those lines will be drawn, meaning Skarlatos may or may not be running against DeFazio in his pursuit of an elected position.

Skarlatos did not respond to multiple requests for comment from *Eugene Weekly* asking to clarify his views on the insurrection and the presidential election.

Though Skarlatos' opinions may have flown under the radar for those who don't watch conservative media, Oregon political leaders are concerned about Skarlatos' downplaying of these historic events.

In a statement, DeFazio says that while Skarlatos jokes



ALEK SKARLATOS

about the Jan. 6 insurrection, the event is no laughing matter.

"Alek has demonstrated time and again that he's out of touch with Oregon families — whether it's joking about an attack on our democracy, opposition to federal funding for vaccines and stimulus checks for Oregonians or providing affordable healthcare for all Americans, he's bad for Oregon," DeFazio tells *EW*.

In late January 2021, Skarlatos did share his thoughts on the Capitol riot in an interview with conservative media organization *Newsmax*: "Honestly, I just thought that the liberal media was going to use this for the next six months to demonize Trump supporters, and it looks like that is exactly what they're planning on doing."

Skarlatos later adds that what "bothered" him about the Jan. 6 incident was that social media was trying to shut down "the other side," rather than let people have a healthy debate. At the time, Donald Trump was banned from most social media platforms, and Twitter and Facebook announced the companies would crack down on posts sharing misinformation and extremist views.

"January 6 was a very dark day," says Oregon state Rep. Marty Wilde. "People lost their lives and were injured, including members of law enforcement." He adds that this is not a partisan issue. "Democrats and independents have all condemned the event." Most Republicans have not.

During the *Newsmax* interview, Skarlatos also comments on the presence of the National Guard members stationed in the Capitol following the insurrection. He says most members were conservative, meaning "We

are putting them in a position where they theoretically might have chosen between people they may sympathize with or protect the Capitol building."

When asked about the National Guard Troops sleeping on the floor of the Capitol, Skarlatos says that when he was in the Guard, he had slept in a lot worse places.

"It's very shocking, and it's a shame that they have to be there, but at the end of the day, I'm kind of jealous of them," Skarlatos says, with a laugh.

Wilde was also shocked, he says, when he heard that Skarlatos would question the loyalty of the troops.

"We serve the Constitution, not the political party," Wilde says, who is a colonel in the National Guard and has 27 years of service. "And well, he doesn't have to be jealous, we'd be happy to have him re-enlist, but he has to swear to put the Constitution before his own party."

Wilde says that those in Congress take an oath to put the country above the party, but it doesn't sound like that is what Skarlatos is interested in doing.

"And we just see the problem that causes — extremism that encourages some of the folks we see. There are already a lot of extreme ideologues who basically will deny reality, rather than face the truth," he says.

During a May 22 interview with Roseburg newspaper *The News-Review*, Skarlatos was asked who won the 2020 election. He responded "no comment."

Wilde says Skarlatos' refusal to speak with most nonconservative papers is not a good look for someone who wants to run for Congress again.

"I think it shows he's out of touch with the community," he says. "I talk to anybody who wants to talk to me about my job because part of my job is to get out information about what we're doing."

Wilde gives the recent school board election in Bend as an example. He says there were many candidates who were sponsored by right-wing money and only spoke to right-wing media.

"They were soundly defeated," Wilde explains. "Because people said, 'No, we want you to talk to the media that we see as well.'"

Wilde says he hopes voters see these issues and understand what it means to represent a district of people coming from different backgrounds.

"They only believe you were elected to serve, you know, the people who voted for you or your political base, and that's just a fundamental misunderstanding of what public service is." ■

Vira La Vida

EUGENE-BASED KSANA HEALTH'S MENTAL HEALTH PLATFORM VIRA WANTS TO USE PATIENT SMARTPHONE DATA TO MAKE THERAPY MORE EFFECTIVE

By Henry Houston

From Garmin and Apple Watches for exercise and sleep tracking to MyFitnessPal to count calories and macronutrients, data from smartphones can say a lot about a user.

The Eugene-based mental health startup Ksana Health wants its new mental health platform, Vira, to use that data to make therapy visits more effective. Company co-founders say Vira could



KSANA HEALTH CEO AND CO-FOUNDER DR. NICK ALLEN

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CONTINUED FROM PG. 6

provide a digital update to the mental health industry, which they call an outdated process. They say that although Vira is in its pilot phase, the program could eventually cut down on mental health crises and save time for mental health practitioners.

In a typical counseling session, patients go to the office (or Zoom in) and report whatever issues are at the top of their minds or, if it's an enterprising patient, then from a journal, says Ksana Health co-founder and Chief Operating Officer Will Shortt. For that brief appointment, he says, the patients report issues that are affecting them — from food consumption to activity and social interaction.

Ksana Health's Vira helps get therapy out of the office and into the daily lives of patients, he adds.

Co-founder and CEO Nick Allen, Ph.D., says Ksana Health's Vira platform could change that patient-therapist relationship, thanks to smartphone data. "The whole idea is to use the data that people are generating anyway and make them useful so people can get feedback," he says. "Use that to support them to make positive behavioral changes and do it outside the regular office hours."

The app is starting its pilot phase through health care giant Anthem's digital incubator program. Allen says during Vira's pilot program he plans to invite around 100 users from a few clinics in the Northeast, specifically Massachusetts and New Hampshire. From there, the company will slowly increase invitations as it tweaks the program.

Since the app is in the pilot phase, the platform is invite-only. But if the platform expands, users will download an app which then collects data from smartphone programs

that track GPS movement, fitness activity, nutrition, screen time — and more — to capture a patient's mental health state.

The platform even logs a user's keyboard, but Allen says it's not recording or reading text messages. Instead, he notes, the Vira app analyzes the mood of words being used. He says it detects sentiment — such as positive or negative tone — and patterns that reflect the way people think.

"I mean like subtle patterns in the way you think of things," he adds. "And they could be very informative for the therapist and the person themselves."

Allen admits that users struggle to log on to apps consistently, so the app only asks users to answer two daily

questions: "How much did you enjoy yesterday?" and "How much did you grow?"

During the COVID-19 pandemic, mental health practitioners relied on remote technology such as Zoom to meet with patients. So it's likely that there will be some sort of digital aspect to mental health services from now on, Allen says.

Mental health practitioners are busy with paperwork, and Allen says Vira could help them free up their schedule. The program uses artificial intelligence to write a rough draft of the meeting notes. "Clinicians' main concern is that they need more time," he says. "What the platform does is allows us to automate some of the processes that aren't that complicated but are time-consuming."

In addition to co-founding Ksana, Allen is a clinical psychologist and the director of the University of Oregon's Center for Digital Mental Health. He says the company doesn't intend to replace mental health therapists with an app. "What we're trying to do is give practitioners and their patients tools that help them to do what they're supposed to do — better," he adds.

Ksana Health recently received \$2 million in seed funding, an effort led by re.Mind Capital, a subsidiary of Apeiron Investment Group, a firm that invests in tech companies. Allen says the seed money will help Ksana through the year as it hires mostly local employees and develops Vira into an app that people will want to use.

When Vira is ready for more patients, Ksana Health is going to target large organizations, Allen says. It plans to offer enrollment to the Vira program to organizations such as education, insurance providers and public agencies like Lane County, he adds.

"These are the systems that benefit when the system is more effective," Allen says. "They benefit because people don't need as much in-depth treatment, they don't need expensive kinds of treatment, which are associated with crises."

A mental health crisis not only causes damage to a patient's personal life, he says, but also has high costs. During a crisis, a person will go through expensive treatment, including inpatient treatment and emergency care, he says, and it could involve law enforcement and the courts. And it's disruptive to families, he adds.

"You're really helping them in avoiding a really horrible experience, which often is quite damaging to their well-being in an ongoing way," he says. ■

slant

• In what could be a memorable score in NCAA history, the collegiate athletic system lost 9-0 against student-athletes. **On June 21, the U.S. Supreme Court** ruled that the collegiate athletic system

had violated antitrust laws by restricting monetary and non-monetary resources to student-athletes, such as internships, work-study programs and school supplies. Justice Neil Gorsuch wrote the court's opinion, concluding that an offer of education-related benefits could provide student-athletes some sort of compensation for the value they bring to the colleges or universities. Justice Brett Kavanaugh ripped into the NCAA's model as if it were a case of Budweiser and he was a college kid again, saying that the NCAA currently generates billions of dollars but not a cent goes to the students. "The NCAA's business model would be flatly illegal in almost any other industry in America," he writes. While discussing the importance of college athletics to the U.S.'s social fabric, Kavanaugh gave a shout out to the track and field meets in Eugene. We hope Duck student-athletes get their fair share from Uncle Phil.

• Vaccination rates for COVID-19 in Oregon have remained stubbornly sluggish. **We are about 50,000 below the 70-percent threshold Gov. Kate Brown has pegged to fully reopen the state.** The virus is still running strong, too, as are more contagious variants like the Delta variant, and as restrictions start to lift, the unvaccinated risk not only their health, but the health of relatives and close friends. Vaccines are a critical tool to keeping the virus at bay, so we urge you to get the jab. It's worth it.

• **Speaking of COVID-19 and vaccinations,** Eugene Weekly's front office is open again to the public, for the first time in a year and a half, during our normal business hours 9 am to 5 pm, Monday through Friday. We will be closed Monday July 5, in observance of the July 4 holiday. All visitors to the office are required to wear a mask upon entry, regardless of vaccination status. We are happy to provide a paper mask for those who need one.

• The late Derrick Bell was dean of the University of Oregon School of Law from 1980 to '85, leaving Eugene to return to Harvard Law School where he was the first tenured African American professor. Now he is in the national news as a hero to Americans like us, and a villain to others for his role as **one of the main thinkers behind Critical Race Theory.** It seems unlikely that his critics, other than academicians, have any idea what this theory is. The American Bar Association describes it as, "a practice of interrogating the role of race and racism in society that emerged in the legal academy and spread to other fields of scholarship." The best avenues for understanding it are two of Bell's ten books: *Faces at the Bottom of the Well* and *The Derrick Bell Reader*. Most of the Americans demonizing Bell don't want their children learning anything about race or racism. Alas.

• **"What's Being Done About Elder Abuse"** is the topic for the City Club of Eugene program at noon, Friday June 25. Speakers are: Geoff Clark, Lane County Adult Protective Services; Brenton Gicker, RN with CAHOOTS (and periodic EW freelancer); and Chief Bob Morris, Junction City Police. Still virtual, this program will air on the City Club Facebook and YouTube pages.

• **What we will soon be reading:** *Last Best Hope, America in Crisis and Renewal* by George Packer. One of our favorite readers strongly recommends this one diving into the crises facing the post-Trump U.S. The New York Times June 20 book review section gave it an in-depth review paired with Jonathan Rauch's *The Constitution Of Knowledge: A Defense of Truth*. NYT says the writers "are here to defend the liberalism of the Enlightenment — equality and scientific rationality in an unapologetically Western-tradition sense. They see this belief system as the country's great and unifying strength, and they're worried about its future."



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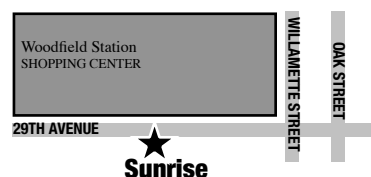
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CHEF ISAIAH MARTINEZ PLATES THE SKILLET-FRIED CHICKEN PLATE WITH SALAD, BISCUITS AND PEPPER SAUCE

Elevating Black Food

YARDY EUGENE CELEBRATES CARIBBEAN FOOD, ADDRESSES UNEQUAL VALUE HELD TO FOODS OF DIFFERENT CULTURES

By Sarah-Mae McCullough

The stereotype that Black people love fried chicken developed deep in U.S. history, says chef and Yardy Eugene owner Isaiah Martinez. It started after emancipation when Black people continued to face systematic oppression but, over time, created professional success. One of the trades that allowed them to financially support themselves was selling fried chicken, Martinez says, but this prompted white backlash.

As the Black community grew stronger, “propaganda would come out and there would be these weird images and depictions of Black people and fried chicken, kind of defacing the product so that there wouldn’t be larger support, and so you would feel demeaned in the process,” he says. “That’s what we’re still going to this day. We still get to pick and cancel things that we don’t want to be associated with.”

Serving West Indian food — dishes from the Caribbean — from his new food truck, Yardy Eugene, Martinez works to celebrate Black culture through food and give marginalized people a path into cooking careers. Kitchens are predominantly white and male, he says, and customers put European foods, like Italian and French dishes, on a pedestal, while assigning a lower value to foods from the cultures of Black and Brown people. He wants to change this dynamic.

Martinez currently sells his food online and out of his newly-built mustard yellow food truck at ColdFire Brewing. One of his primary dishes is a chicken meal: skillet-fried



chicken that comes with a salad, a biscuit and pepper sauce. The other is doubles, a vegan dish (with a gluten-free option) consisting of two pieces of fried flatbread called *bara*, topped with chickpea curry, chutney and fresh herbs.

He hopes these dishes, cooked with ingredients from the Northwest, will help elevate Caribbean food, he says, and that Yardy Eugene will help combat the lack of diversity that Martinez has experienced in kitchens throughout his career.

Martinez has known he wanted to be a chef since he was 17. He says he avoided high school algebra by taking vocational cooking courses, moved to California and earned a bachelor's from the International School of Culinary Art. He then worked at several well established restaurants where "the chefs were like celebrities," he says.

But Martinez says he quickly noticed a lack of women and people of color in kitchens, as well as the different values customers place on food. As a sous chef at the restaurant A16, a high-class Italian restaurant in Oakland, he made a comfortable living. "Pasta is easy," he says. "It took three hours to make sausage for 300 people."

But while working at a Chinese restaurant, it took three days to make a traditional dish that was priced at \$8. That restaurant shut down because people thought the food was too expensive, he says.

Regardless of ingredient costs or the time it takes to cook something, customers often put Western European foods on a pedestal and are willing to pay more for them, Martinez says. Food from the cultures of Black and Brown people, though, are perceived as street food or snack food that should be cheap — even if it takes more money and skill to make.

Martinez moved to Eugene a few years ago and started working at Marché. After doing a pop up to celebrate

Black History month in 2019, he decided to sell West Indian food more regularly. He eventually hopes to own his own brick and mortar restaurant, but in the middle of the pandemic, starting with a food truck seemed like a more practical move, Martinez says, so he started Yardy Eugene. Martinez uses "Yardy" to describe anyone from the West Indies, taking back the sometimes derogatory term and using it in a positive way.

While he expects some pushback from people who

don't understand his intentions, he says he's excited to share his food with Eugene.

"I'm trying to tell a story," Martinez says. "I think that when you do food and you're trying to tell a story, it's kind of hard to fuck it up because you have something to work for." ■

Yardy Eugene is at Coldfire Brewery, located at 263 Mill Street, from 5 to 8 pm. Monday through Thursday. Visit YardyEugene.com for more information. Visit EugeneWeekly.com to read an extended version of this story.





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Giving Eugene Soul (Food)

MOE STEWART

AFTER YEARS OF HARD WORK, **STEWART'S SOUL FUSION** GOES BEYOND SOUTHERN SOUL FOOD *By Em Chan*

In today's age of food truck popularity, looking at Stewart's Soul Fusion's food truck with its white exterior and abnormally large window, you don't realize the years of work and love that led to its existence.

Stewart's Soul Fusion is run by Moe Stewart and his wife, Desiree Stewart. Named after his family, Stewart's began as a catering business five years ago. Moe Stewart added a food truck two years ago so he could have a spot for people that offers something that isn't available in the Eugene area: soul food.

Bringing soul food to Eugene was part of the reason for opening the cart, Stewart says, since the area has been missing it since the closure of Papa's Soul Food Kitchen

and BBQ in 2017, eight years after the death of its namesake Ted "Papa Soul" Lee. And Stewart tells *Eugene Weekly* that making soul food is a way to pay homage to Papa Soul.

Some menu items include hearty seafood boils, hearty barbeque cuts, thick sandwiches and an assortment of sides ranging from classic to fusion takes on soul food.

Soul food is primarily associated with "down South" and African American culture, Stewart says, but he likes to play with all different kinds of food, from Asian cuisine to Jamaican. This also explains the truck's rotating menu, featuring different items daily and seasonally.

Some classics on the menu like the soul plate, a plate with an entree and three sides, will always remain on the menu, Stewart says, adding there are so many things that

"this town would never know" if he never made them. Their most notable items are their soul classics, like their soul greens (stewed collard greens), pepa chicken and mama's mac and cheese.

His first official independent food venture was in 2008, when he purchased a barbeque pit and "just started grinding." Stewart would park his pit in front of Taboo, a former club on W. 6th Avenue, until 2 am, serving drunk people out of the bar. It was working there that he also met Desiree, now his wife and business partner.

"We were able to evolve, and it's been a slow process," Stewart says. "I didn't always have money to do everything, so it came slow."

During the pandemic, Stewart says that they receive



SOUL PLATE



CHOP CHEESE (BRISKET) WITH BROCCOLI SALAD

a “lot of love” from other businesses, like Sweet Tree Farms. Tom McGowan, the dispensary owner, has “been a blessing” by allowing him to park the truck in his parking lot, he says.

“This is my passion so quitting isn’t an option, and we can only go up, hopefully,” Stewart says.

Stewart and his small team are also in the works of

‘This is my passion so quitting isn’t an option, and we can only go up, hopefully.’

— MOE STEWART



THE STEWART SOUL FUSION CREW

launching a podcast. He says he wants to share not just his food, but ideas and advice ranging on topics from music, health and culture.

“We want everyone to be welcome, but at the same time we are a proud African American business and I don’t want to shy away from that at all,” he says. “Anybody that really knows me, they’ll tell you that. It’s culture over everything — I try to be exhibiting that in everything we do. Like our slogan, I mean that.” ■

Stewart’s Soul Fusion is at 4097 W. 11th Avenue. Hours are noon to 4 pm Wednesday through Saturday. Find it on Facebook to stay updated.



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Magic Cart

**AREKIE FOOD TRUCK IN EUGENE COMBINES
LATIN AMERICAN AND INDIAN FOOD** *By Henry Houston*

The first time I ate at Arekie Food Truck, it was at Public House in Springfield, and I had a few drinks (OK, pitchers). A friend was hearing a lot of buzz about the new food cart, so we decided to give it a try.

When the food arrived, I dove into the Frankie roll, an Indian street food that's flatbread wrapped around chicken *tikka*, and quickly devoured the *masala* spice fries.

How could such magical food come out of a small cart, I wondered.

Arekie's name is a portmanteau of *arepa* and Frankie, two street foods of Latin America and India, respectively. And its name is a reflection of the cart's fusion creativity, which blends the food from the two regions.

Arekie's menu at first only had the arepa — corn maize often stuffed with protein — and a Frankie roll, which is Mumbai street food that features flatbread wrapped around vegetables and protein.



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And the arepa was what led to the start of Arekie Food Truck, now located at beergarden.

Born and raised in Spain, co-owner Sush Mansharamani says her friends there had a restaurant that served arepas. When Sush moved to Florida, she says she noticed there weren't any arepas, so they started selling them.

Her husband and Arekie co-owner Monish

Mansharamani says they filled the arepas with some Indian food filling and spices, and "Bam! There was an explosion in flavor."

"We said, 'This is it,'" Monish adds. "This is the idea of fusionizing the two cultures and cuisine together."

Since then, the cart has added more than a dozen items to the menu, ranging from a seven layer parfarrito (what

the menu calls a burrito in a cup) to a *bhel puri* (Indian street food that has crispy lentil noodles, puffed rice and spicy tamarind sauce in a tortilla bowl).

Although Arekie is a small cart, it has a large menu, and the Mansharamanis are always adding to it. When working on a recipe, one aspect that they work on is deciding which sauce to use, Monish says. Arekie has seven different sauces — and each one is made every day in the morning. "The sauce is what makes the different taste," he adds.

And they're always adding more menu items, Sush and Monish agree. From idea to cart menu, an addition can take four to five weeks, they say. It starts with blending some of the signature ingredients from the two regions. Then they choose a particular food, tweak it and go through several cooking trials.

As an example, Monish points to *khichos* supreme, which uses rice chips instead of tortilla chips. "In India, we have rice chips, so we turned those into nachos," he adds. "The spices we blended from Mexcian and toppings with protein like chicken tikka, which is from India."

Monish says they both travel to India and Spain to buy raw ingredients once a year and they grind them every day at the cart. These spices create mind-blowing food, Monish says, pointing to the East Meets West Burger, which is a beef patty (with a plant-based option) featuring a mango habanero mayo and Arekie's special seasoning.

Inside the Arekie cart, there's a box of seasoning labeled "magic *masala*," Sush says. It's a blend of seven spices from Latin American and Indian, she adds, and can be found on their *masala fritas*.

To decide whether my view of Arekie was the result of some sort of drunken passion, I went back to Arekie to try the arepa filled with butter chicken — this time sober. The arepa's maize was firm yet soft, and with each bite, the butter chicken oozed out of the maize. Turns out my first time eating at Arekie wasn't dictated by booze.

The French fries at Arekie have that "magic *masala*" spice, which doesn't overpower the fries. What tastes like flavors of *garam masala*, chili and cumin, Arekie's magic *masala* has made me question why we even need ketchup in this world.

But what are all the spices in the "magic *masala*" combination?

Like a magician, Sush and Moshin won't reveal their secrets. ■

Arekie Indian Fusion Cuisine is at beergarden., 777 W. 6th Avenue. Visit Arekie.com for more information and to stay updated on hours.

Monish (Mansharamani) says they both travel to India and Spain to buy raw ingredients once a year and they grind them every day at the cart.



SUSH AND MONISH MANSHARAMANI

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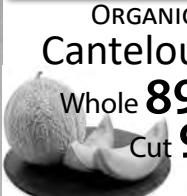
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	Plantain Chips 2/\$7 5 oz Assorted Varieties
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	Hamburger or Hot Dog Buns \$3¹⁹ 8 pac
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	Chocolate Bars 2/\$5 3 oz Assorted Varieties
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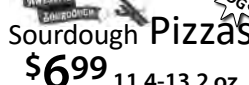
	Salsa or Bean Dip \$2⁷⁵ 14-14.4 oz Assorted Varieties
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Years of grueling work have gone into shaving seconds off track times and adding inches to field events — including Ryan Crouser’s world record June 18 in the shot put — all for the shot at Olympic glory next month in Tokyo. Now, with most of the U.S. Olympic track and field team set after two weeks of competition at Hayward Field, it’s time for out-of-town folks to cut loose a little and take in the sights of Eugene. The larger music venues won’t open until later this summer, but the wineries, such as **Pfeiffer** (PfeifferWinery.com), **Silvan Ridge** (SilvanRidge.com) and **Territorial** (TerritorialVineyards.com), offer soothing music and good ambience. If you’re a baseball fan, the **Eugene Emeralds** will be at PK Park (2800 Martin Luther King Blvd.) throughout the weekend, and if you want to begin to understand Eugene, go to **Eugene Saturday Market** on the Park Blocks at E. 8th Avenue and Oak Street. Food carts and craft vendors are lined up to serve your tastes. It is colorful; it is us. If you’re driving home, stock up on fruits and vegetables at the **Lane County Farmers Market** this Saturday on 5th Avenue between High and Oak streets. Or just walk or run the many paths along the Willamette River, including, of course, **Pre’s Trail** at Alton Baker Park. Everyone, it seems, must stop there and pay homage to Steve Prefontaine.

To all the track and field athletes who qualified for the U.S. Olympic track and field team, *EW* congratulates you and wishes you well in Tokyo. Stay healthy! — *Dan Buckwalter*

GENERAL

LISTINGS ARE FREE UNLESS OTHERWISE NOTED

ART EXHIBITS

An exhibition of original local paintings by Jonathan Short (thru June 30), Cafe Soriah.

Duet Focus Exhibit - Barb Meyer + Christine Hannegan and Duet Window Exhibit - Anna Mallard + Ann Durley (thru June 30), River Gallery in Independence.

Bets Cole: Right Angles + Raw Edges: Buildings in the Landscape (thru July 10), Karin Clarke Gallery.

Ataraxy art exhibit (thru July 11), Bennett Vineyards & Wine Co.

Be Here Now (thru July 16), Maude Kerns Art Ctr.

Exhibition: Summer - Reflection of the Season (thru July 31), White Lotus Gallery.

Flower Spirits: Watercolors by Kaya Singer (thru Aug. 12), Park Street Cafe.

A Retrospective of Cuban Printmaker Belkis Ayon

(thru Sept. 5), Schnitzer Museum, \$5.

Studio 7 reopening. More info at Studio 7 Facebook.

Jordan Schnitzer Museum of Art, JSMA.UOregon.edu.

FILM

Films at Broadway Metro. More info at BroadwayMetro.com.

Heritage Broadcasting Service (Eugene) has more than 137 titles to choose from, including recent additions *Twelve Canoes, Cedar: Tree of Life* and *Legacy in Stone*. More info at HeritageTac.org.

GATHERINGS

Job Search Help by appointment at the downtown library. Call 541-686-7985 to schedule.

HEALTH

YMCA Choose-Your-Own Fitness Adventure: Oregon Edition (thru Sept. 13). More info at EugeneYMCA.org.

Zoom workout classes at CrossFit. Email Contact@CrossFitIntensify.com for more info.

Workout classes at IAmForeverStrong.com.

Workout classes at Evolve Fitness Studios. More info at Facebook.

Workout & Yoga Classes at West Lane Fitness in Veneta. More info at WestLaneFitness.com.

Yoga & Workout Classes at Yoga West Eugene. More info at YogaWestEugene.com

Yoga classes at EugeneYoga.us; WildLightYogaCenter.com; EugeneMudra.com; HotYogaEugeneBalanced.com; YogaEugene.com.

All levels of yoga (chair, advanced, yoga for health care workers and children) at Vista Wellness Ctr. Visit VistaPsych.com for more info.

KIDS/FAMILY

Eugene Public Library: *The Little Mouse, the Red Ripe Strawberry* and *Big Hungry Bear/El Ratoncito* and a Storybook Obstacle Course, in the park at Petersen Barn Community Ctr; *Honeybee* in Alton Baker Park near the Community Gardens. More info at 541-682-5450 or at Eugene-or.gov/library.

Summer On The Hill w/ Oak Hill. RSVP at OakHillSchool.net

Summer Reading for All Ages: Free Books and Book Bingo (thru Aug. 31), all Eugene Public Library locations.

Summer Reading Challenge ("Reading Colors Your World") w/ Springfield Public Library (thru Aug. 21). More info at WhereMinds-Grow.Beanstack.org.

The Emerald Art Center Presents the 2021 Dotty & Frank Light Family Summer Youth Art Camp (two camps in August). RSVP at EmeraldArtCenter.org.

Registration for Willamalane summer events, Willamalane.org.

MUSIC

Online "Music in the Garden" (thru July 10) w/ Eugene Symphony. More info at EugeneSymphonyGuild.org.

RECREATION

Card games at High Mountain Poker. More info at 541-485-0090 and at HighMountainPoker.com.

THEATER

Marisol's Christmas and Watermelon Kisses (thru June 30), Theatre.UOregon.edu.

VOLUNTEER

An Invitation for Service (thru June 30), Mount Pisgah Arboretum, MountPisgahArboretum.org.

THURSDAY JUNE 24

ARTS/CRAFTS

Explore Oregon (thru Sunday), 11am-4pm. RSVP & more info at MNCH.edu.

Oregon—Where Past is Present (thru Sunday), 11am-4pm. RSVP & more info at MNCH.edu.

Artistic Encounters, noon-1pm, Kesey Square.

GATHERINGS

Run Hub Passport Run: Ruth Bascom River Path, 7am, meet at Run Hub, 515 High St.

HEALTH

NAMI Family Support Zoom Group @ NAMILane.org. RSVP at NAMILane.org.

KIDS/FAMILY

Kids Show: Red Yarn's Backyard, 4pm, Eugene Public Library, bit.ly/EugRedYarn.

LECTURES/CLASSES

Paint and Party - The Rooster, 6-8pm, Bennett Vineyards & Wine Co. \$40.

MUSIC

OBF w/ Matt Haimovitz, cello (thru July 11). More info at OregonBachFestival.org.

Gerry Rempel & Hamilton Mays, 6pm, Territorial Vineyards.

Scott Austin, 6pm, 5th St. Market.

Brothers Reed, 6:30pm, McKenzie General Store.

Skip Jones & Steve Arriola, 6:30pm, Mac's Restaurant & Nightclub.

Chamber Music Amici, 7pm, Mount Pisgah Arboretum. Ticket info at ChamberMusicAmici.org.

Jeremy Clark Pruitt, 7pm, beergarden.

ON THE AIR

"The Point," 9am, KOPV, 88.0 FM

The Joni Mitchell Summer Solstice Radio Special, 8pm, KLCC, 89.7 FM

"Arts Journal," 9pm, Comcast channel 29

RECREATION

Trivia w/ Elliot Martinez, 6-8pm, Covered Bridge Brewing Group in Cottage Grove (weather permitting; more info on Facebook).

General Trivia, 6:30-8pm, Viking Braggot Brewery on Commercial St.

SPECTATOR SPORTS

Eugene Emeralds vs. Vancouver Canadians, 7:05pm, PK Park. Tickets at MiLB/Eugene.

U.S. Olympic Track & Field Trials, 1:30pm, Hayward Field (UO).

SPIRITUAL

Zen Meditation, 7-8am, Blue Cliff Zen Ctr, 352 W. 12th Ave.

FRIDAY JUNE 25

GATHERINGS

Run Hub Passport Run: Pre's Rock w/ OnCloud Running, 7am, meet at Tom's Market, 1490 E. 19th Ave.

City Club of Eugene: "What's Being Done About Elder Abuse," noon, Eugene City Club Facebook. Airs again at 7pm Monday, June 28 on KLCC, 89.7 FM

Food Not Bombs, cooking starts at noon (email EugeneFoodNotBombs@gmail.com for location), serves at 4pm at Park Blocks, E. 8th Ave. & Oak St. next to fountains.

Trans & Disability Group, 2-3pm. Info at Transponder.Community.

Kidsports at The Market, 4-9pm, 5th St. Market.

Community run, Pre's Trail, 6pm, meet at Nike Eugene, 590 Pearl St.

Run Hub Movie Night: *A Time and a Place*, 6pm, Alton Baker Park.

Pride Was A Riot movie screening, 8:30pm, Monroe Park.

KIDS/FAMILY

Family Fun in the Sun, 11am-4pm. Register at MNCH.UOregon.edu.

Stories and S'mores, 6:30pm, Dorris Ranch, Spfd. More info at Willamalane.org. \$5-6.

MUSIC

Concrete Delta Trio, 6pm, Territorial Vineyards.

Corwin Bolt & The Wingnuts, 6pm, Viking Braggot Brewery on Commercial St.

RIFFLE, 6pm, Pfeiffer Winery. \$5.

Greg Nestler Band, 6:30pm, Silvan Ridge Winery.

The Joanne Broh Band, 6:30pm, Mac's Restaurant & Nightclub.

Jeanne Gregg Band, 7:30pm, Public House, Spfd.

SPECTATOR SPORTS

U.S. Olympic Track & Field Trials, 1pm, Hayward Field (UO).

Eugene Emeralds vs. Vancouver Canadians, 7:05pm, PK Park. Tickets at MiLB/Eugene.

SPIRITUAL

Zen Meditation (instruction provided), 7pm. Zoom only at BlueCliffZen.org.

SATURDAY JUNE 26

BENEFITS

Lawn & Garden Fundraiser for Independent Environments, Inc., 10am-2pm, 627 Country Club Rd.

Elite Dance Company presents *At Last*, a benefit concert for the Hanan's Family Surrogacy Journey, 7:30pm, Wildish Community Theater.

FARMERS MARKETS

Saturday Lane County Farmers Market, 9am-3pm, 5th Ave. between High & Oak streets.

Spencer Creek Growers Market, 10am-2pm, 86013 Lorane Hwy.

GATHERINGS

Run Hub Passport Run: Mt. Pisgah, 8-10am, Howard Buford Recreation Area, 34901 Frank Parrish Rd.

Eugene DSA Presents: An Afternoon of Queer and Trans Liberation, 11am-4pm, Monroe Park.

Paint & Pizza, 1-4pm, Long Table Farm.

Walking Tour: West Campus Neighborhood, 1-2:45m, meet at E. 13th & Hilyard.

Let's Talk Transgender w/ Allies & Supporters, 3:30-5:30pm, Transponder.Community.

KIDS/FAMILY

Family Fun in the Sun, 11am-4pm, Museum of Natural and Cultural History. RSVP at MNCH.UOregon.edu.

MARKETS

Eugene Saturday Market, 10am-4pm, Park Blocks.

MUSIC

OBF: Poulenc Organ Concerto (thru July 4). Info at OregonBachFestival.org.

Sugar Pine String Band, 5pm, Applegate Regional Theatre. \$25

John Crain & Skip Jones, 6pm, Territorial Vineyards.

Leadbetter, 6:30pm, McKenzie General Store.

The Concrete Delta Trio, 6:30pm, Mac's Restaurant & Nightclub.

Jeanne Gregg Band, 7:30pm, The Public House, Spfd.

Sonido C, 7:30pm, beer-garden.

ON THE AIR

The Dr. Yeti Show, 10pm-midnight, KOCF, 92.5 FM or streamed at KOCF.org.

The Institute of Spectra Sound, 10pm-midnight, KEPW, 97.3 FM

SPECTATOR SPORTS

Eugene Emeralds vs. Vancouver Canadians, 7:05pm, PK Park. Tickets at MiLB/Eugene.

U.S. Olympic Track & Field Trials, 9am, Hayward Field (UO).

U.S. Olympic Race Walk Trials, 9am-noon, Downtown Springfield. Ticket info at Willamalane.org. \$10-12.

SUMMER GUIDE

John Crain & Skip Jones, 6pm, Territorial Vineyards and Wine Company, 907 W 3rd Ave.

OBF Poulenc Organ Concerto, 12 am -11:59 pm, Oregon-BachFestival.org.

THEATER

Majestic Readers' Theatre Company presents *Silent Sky*, Majestic.org. \$10-20.

SUNDAY JUNE 27

GATHERINGS

Run Hub Passport Run: Mt. Baldy, 7am, 32543 Mt. Baldy Ln.

Burrito Brigade, 11am-4pm. More info at BurritoBrigade.org.

TBIPOC Affinity Discussion/Support Group, 1-3:30pm, Transponder.Community.



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Pride Was A Riot March, 4pm, Kesey Square.

HEALTH

Occupy Medical, noon-4pm, 1717 Centennial Blvd, Spfd.

MARKETS

Whiteaker Community Market, 11am-4pm, 4th & Blair at Scobert Park.

MUSIC

OBf: "To the Distant Beloved" w/ Tyler Duncan, baritone & Erika Switzer, piano (thru July 11). Info at OregonBachFestival.org.

"Together We Rise" w/ The Eugene Gay Men's Chorus, 4pm, online at EugeneGMC.org.

RECREATION

Brewers Guild Bingo, 3-6pm, Covered Bridge Brewing Group in Cottage Grove (weather permitting; more info on Facebook).

SPECTATOR SPORTS

U.S. Olympic Track & Field Trials, 1pm, Hayward Field (UO).

Eugene Emeralds vs. Vancouver Canadians, 5:05pm, PK Park. Tickets at MiLB/Eugene.

SPIRITUAL

Zen Meditation, 4:30pm, Blue Cliff Zen Ctr, 352 W. 12th Ave.

Eugene Insight Meditation via Zoom, 6:30pm, Eugene-Insight.com.

THEATER

Beards n Mimosas Pride Show 2021, 2-5pm, The Barn Light. \$7-10.

MONDAY

JUNE 28

KIDS/FAMILY

Kids Kit: Power of Plants, 10am, all Eugene Public Library locations.

LECTURES/CLASSES

Lunchtime Meditation, noon-12:30pm. More info at MeditateInEugene.org. FREE-\$4.

Living Peacefully, 6-7:30pm. More info at MeditateInEugene.org. FREE-\$10.

Monday Yoga, 6pm, Meadow Park, Spfd. More info at Willamalane.org. \$20-75.

"Hatha Yoga for a Healthy Summer," 6:30-8pm, The Emporium, Veneta.

ON THE AIR

"Swervin' In My Lane," 4-6pm, KOFC, 92.7 FM

TEENS

Tween & Teen Kit: Magnetic Poetry, 10am, all Eugene Public Library locations.

TUESDAY

JUNE 29

ART/CRAFT

Artistic Encounters, noon-1pm, Kesey Square.

FARMERS MARKETS

Tuesday Farmers Market, 10am, Park Blocks, 8th Avenue and Oak Street.

KIDS/FAMILY

Family Storytime, 11am, Eugene Public Library Facebook.

LECTURES/CLASSES

North Eugene Toastmasters, 7-8:15am. More info at NorthEugene.ToastMasters.org.

Gentle Restorative Yoga w/ Robert, 10am, HealingAttention.org. \$15.

Lunchtime Meditation, noon-12:30pm. More info at MeditateInEugene.org. \$1.

Class: Summer Pierogi w/ Dacha Salad, 6-8pm, How-CookingSchool.com. \$35, sliding scale.

Figure Drawing, 6-9pm, The Church, 3rd & Monroe.

Renters' Rights Information, 6pm. Zoom info at Eugene-or.gov/library.

Stages of the Path, Lamrim, 6-7:30pm. More info at MeditateInEugene.org. FREE-\$10.

LITERARY ARTS

TransPonder Book Club, 5-6pm, Transponder.Community.

MUSIC

OBf: Brandenburg Concertos 5 & 6 (thru July 11). More info at OregonBachFestival.org.

OBf: "Lagime Mie w/ Dunedin Consort - Nicholas Mulroy, tenor; John Butt, director & harpsichord (thru July 11). More info at OregonBachFestival.org.

WEDNESDAY

JUNE 30

KIDS/FAMILY

Storytime w/ Springfield Public Library, 10-10:30am, WhereMindsGrow.org.

LECTURES/CLASSES

Lunchtime Meditation, noon-12:30pm. More info at MeditateInEugene.org. \$1.

Nia: Moving to Heal, 3-4pm, HealingAttention.org. \$15.

Tunisian Cooking Class w/ Houda Miled!, 4-6pm, How-CookingSchool.com. \$35, sliding scale.

Gender Diverse Yoga, 5:30-6:30pm, Transponder.Community.

Wednesday Yoga in the Park w/ Karan, 6pm, Skinner Butte Park: Riverplay. \$20-75.

MUSIC

The AM, 7pm, The Public House, Spfd.

THURSDAY

JULY 1

KIDS/FAMILY

Summer On The Hill, 12 am -11:59 pm, Oak Hill School, 86397 Eldon Schafer Drive.

ARTS/CRAFTS

Explore Oregon (thru Sunday), 11am-4pm. RSVP & more info at MNCH.edu.

Oregon—Where Past is Present (thru Sunday), 11am-4pm. RSVP & more info at MNCH.edu.

Artistic Encounters, noon-1pm, Kesey Square.

HEALTH

NAMI Family Support Zoom Group @ NAMILane.org. RSVP at NAMILane.org.

MUSIC

OBf: Emerson String Quartet (thru July 11). More info at OregonBachFestival.org.

Tim McLaughlin's Simple Trio, 6pm, Territorial Vineyards.

Pete Kartsounes, 6:30pm, McKenzie General Store.

The AM, 7pm, Beergarden.

ON THE AIR

"The Point," 9am, KOPV, 88.0 FM

Thursday eKLeCtic, 8-10pm, KLCC, 89.7FM

"Arts Journal," 9pm, Comcast channel 29

RECREATION

Trivia w/ Elliot Martinez, 6-8pm, Covered Bridge Brewing Group in Cottage Grove (weather permitting; more info on Facebook).

General Trivia, 6:30-8pm, Viking Braggot Brewery on Commercial St.

SPIRITUAL

Zen Meditation, 7-8am, Blue Cliff Zen Ctr, 352 W. 12th Ave.

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Creativity Counts

AN EXHIBIT INSPIRED BY MATHEMATICAL PROCESSES

By Ester Barkai

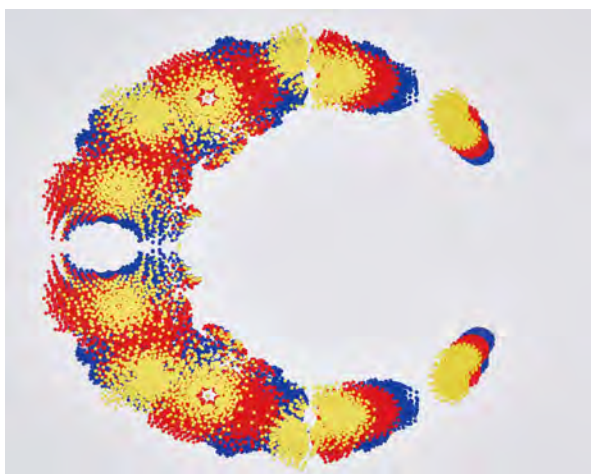
Upon telling people what she does for a living, Ellen Eischen says she often gets the response, “You must be good at balancing your checkbook.” In reality the University of Oregon mathematics professor specializes in number theory, particularly L-functions and automorphic forms. Number theory, she explains, has its origins in ancient Greece but did not have practical application until computers became popular in the 1970s.

Creativity Counts: Possibilities Shaped by Constraints of Arithmetic is an art exhibit born out of Eischen’s frustration with the stereotype about mathematicians being uncreative types. To counter the perception that math is not creative, Eischen devised a course for undergraduates called Math and the Creative Process. In it, students at all levels of math worked together to ultimately produce art inspired by mathematical processes, especially related to number theory. That art is now on exhibit in the Artist’s Projects Space at the Jordan Schnitzer Museum of Art on the UO campus until July 11.

Eischen consulted with JSMA curator Cheryl Hartup for the show and with improvisation teacher and science communicator Heather Barnes to introduce spontaneity into her classroom. Though most of the pieces were done by math students, she had some extra room and invited a couple of colleagues as well.

Martin H. Weissman, author of *An Illustrated Theory of Numbers* and visiting professor, has a piece in the show called “36 Epicycles” (digital print on acrylic). His artwork is composed of variously colored squares or “tiles” that elicit a pleasing optical illusion that keeps you looking. Use the QR code to read his description for the math that inspired the image.

“Remainders,” he says, “are the cold left over of grade-school arithmetic. But they are the tastiest morsel for mathematicians.”



He goes on to tell us that remainders can say a lot about prime numbers. And that without prime numbers he could read all our private email messages.

The discussion and illustration of practicality versus creativity is not dogmatic or argumentative, but rather fluid and thought provoking. Each artwork in the show has a story behind it that relates to a mathematical problem or process, history or ideology, and all the descriptions can be accessed with QR code in person in the exhibit or at the virtual gallery tour online.

Cruz Godar is a first-year graduate student in the math department. His “Minotaur’s Paradise” is a brilliantly colored digital print on metal. It’s an abstract image but upon closer look, and after reading the description, you see that the entire piece is designed as a maze.

Godar says if you want to create a maze for yourself, use Wilson’s Algorithm.

“It’s a method that makes maze-making as easy as following a recipe, and what’s more, it produces a truly random one — every single possible maze of a fixed size has the same chance of being drawn.”

Undergraduate students Nitán Avivi, Gabby Bennett, Chloe Miller and Azusena Rosales Soares collaborated on a four-piece series of digital prints on paper titled “Constellations of Mathematics.” These light and starry artworks could easily be compared to the ethereal drawing style used by Antoine de Saint-Exupéry for his book *The Little Prince*, except that they are inspired by roots of polynomials.

Teaching creativity and math on Zoom was not exactly what Eischen had in mind when she first conceived of her course. But the pandemic hit and classes were shut down. Being trained in improvisation, she went with it.

Eischen first became interested in improvisation while doing a postdoctoral fellowship at Northwestern University. She was looking for something to do outside of mathematics and academia, for a change, and took a class at Chicago’s famed Second City. She wound up being involved with improv the whole time she was at Northwestern.

Eischen says that saying “yes and...” is an improvisation technique, but it is also important to be open when working with numbers. Mathematicians often think in terms of what isn’t working. They say no until something works. Improvisation exercises, like finishing each other’s sentences — an exercise Eischen did with her students on Zoom — teaches people to work collaboratively and be in the present.

In her own work in mathematics, Eischen is interested in how L-functions and automorphic forms “link seemingly disparate data.” She wants to find a bridge between the two. Finding commonalities between seemingly different things seems to drive her interest. Whether between art and science or between functions in number theory, she’s always looking for a bridge. ■

For the virtual tour: jsma.uoregon.edu/CreativityCounts. The JSMA is now open on Saturday and Sunday from 11-5. Masks are required.

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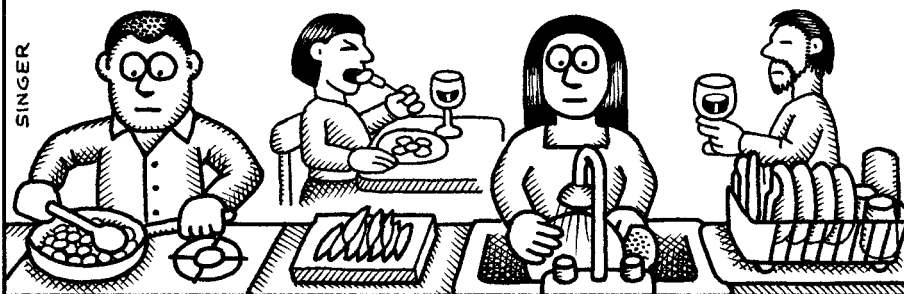
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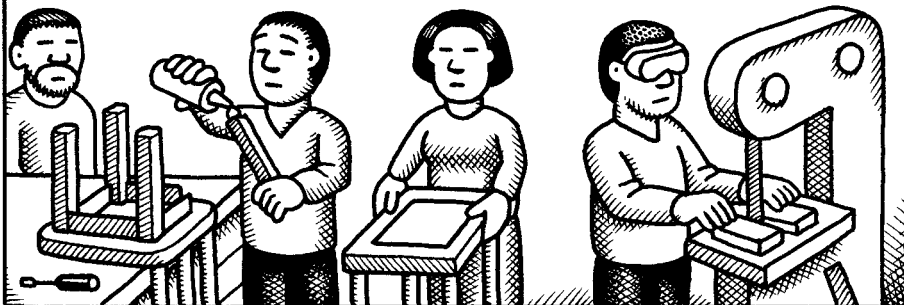
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Jonesin' Crossword

BY MATT JONES
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Across

1 Home planet of TV's ALF
7 Sex ed subj.
10 Tests for college credit, briefly
13 Constellation whose name means "eagle"
14 "The Andy Griffith Show" kid
15 "High School Musical" star Efron
16 Keeps going and going
17 Quite skilled
19 Tavern gambling game, in some states
21 One more than zwei
22 It may get tacked on
23 Features erroneously added to male cows in some cartoons
25 Streaming device maker
29 More enorusted
32 JFK flier, once
33 Smokey Robinson song that was covered by The

Jackson 5
36 Veterans will mention it's not their first
37 Offensive or defensive player
38 Mature, legally
42 Taco Bell taco variety with a unique shell
45 Ozone depleter, for short
48 Strengthen
49 Subway map dot
50 Reason for excommunication
52 "___ appetit!"
54 Nastase of tennis
55 Started to stall, like a bad Internet connection
62 Chicano rock band with the apt debut album "How Will the Wolf Survive?"
64 ___ Creed (church recitation)
65 Singer Kamoze with the 1994 hit "Here Comes the Hotstepper"
66 Venti, e.g.

67 "Dollface" actress Povitsky
68 Part of MS-DOS (abbr.)
69 Night before
70 Create a new draft of

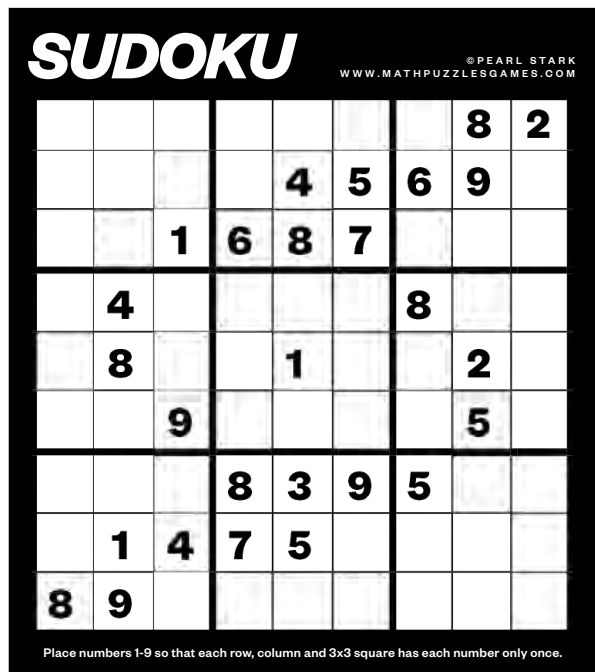
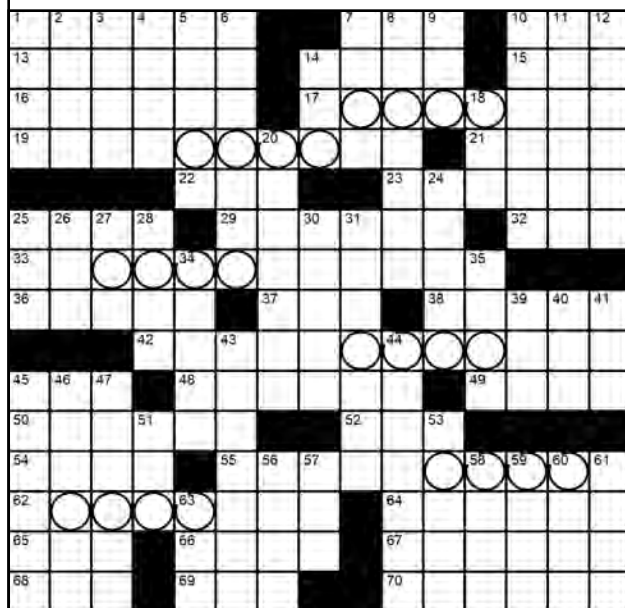
Down

1 Sports announcer Albert
2 Prefix for lateral
3 Ilse ___ ("Casablanca" character)
4 ___-en-scene (stage setting)
5 Icy
6 Ex-ballplayer who wrote "Juiced"
7 Get a glimpse of
8 Gauzy, like a light dress
9 "No Sudden Move" actor Benicio ___ Toro
10 Sky blue hues
11 Indianapolis five
12 Flaky metamorphic rock that sometimes gets laughs in high school geology

"There's Norway"

—you might get a Peace Prize when you're done.

14 Plastic ___ Band
18 Like the length and width of most crossword grids
20 Description for some conditioners
24 "Cats rule, dogs ___" ("Homeward Bound" line)
25 1980s D.C. monogram
26 "Well, well, well!"
27 Floored, as a boxer
28 Well-trodden
30 1977 Burton role in "Roots"
31 Not certain
34 Pillages
35 Crafts that are also called UAPs (as of 2021 news)
39 Do something
40 Marshmallow residue
41 Prescience of a sort
43 They Might Be Giants title character who "proudly stands at the rainbow's end"
44 Reverend known for confusing initial letters
45 Restaurant chain with a green and red logo
46 Arson, e.g.
47 Tense situation
51 Fish sometimes wrapped in rice
53 Staticky output
56 Move like lava
57 Cat-loving poet's initials
58 "Great White North" sketch show
59 City north of Utah Lake
60 Wallet stuffers
61 "OK, now where ___ we?"
63 Sugary suffix



Place numbers 1-9 so that each row, column and 3x3 square has each number only once.



your_insta_handle
your caption

USE THE HASHTAG #EWEXPOSURE FOR A CHANCE TO BE FEATURED IN EW.

FREE WILL ASTROLOGY

BY ROB BREZSNY

ARIES (MARCH 21-APRIL 19): Author Albert Camus advised everyone to “steal some time and give it freely and exclusively to your own self.” That’s excellent advice for you to heed in the coming days. The cosmos has authorized you to put yourself first and grab all the renewal you need. So please don’t scrimp as you shower blessings on yourself. One possible way to accomplish this goal is to go on a long stroll or two. Camus says, “It doesn’t have to be a walk during which you’ll have multiple life epiphanies and discover meanings no other brain ever managed to encounter.” But I think you are indeed likely to be visited by major epiphanies and fantastic new meanings.

TAURUS (APRIL 20-MAY 20): Robert Mugabe was Zimbabwe’s leader for 37 years. In the eyes of some, he was a revolutionary hero. To others he was an oppressive dictator. He was also the chancellor of the University of Zimbabwe, where his wife Grace received her PhD just two months after she started classes. I suspect that you, too, will have an expansive capacity to advance your education in the coming weeks — although maybe not quite as much as Grace seems to have had. You’re entering a phase of super-learning.

GEMINI (MAY 21-JUNE 20): “We were clever enough to turn a laundry list into poetry,” wrote author Umberto Eco. Judging from astrological omens, I suspect you’re now capable of accomplishing comparable feats in your own sphere. Converting a chance encounter into a useful new business connection? Repurposing a seeming liability into an asset? Capitalizing on a minor blessing or breakthrough to transform it into a substantial blessing or breakthrough? All these and more are possible.

CANCER (JUNE 21-JULY 22): “I was so flooded with yearning I thought it would drown me,” wrote Cancerian author Denis Johnson. I don’t expect that will be a problem for you anytime soon. You’re not in danger of getting swept away by a tsunami of insatiable desire. However, you may get caught in a current of sweet, hot passion. You could be carried for a while by waves of aroused fascination. You might find yourself rushing along in a fast-moving stream of riled-up craving. But none of that will be a problem as long as you don’t think you have something better to do. In fact, your time in the cascading flow may prove to be quite intriguing — and ultimately useful.

LEO (JULY 23-AUG. 22): In my opinion, psychology innovator Carl Jung, born under the sign of Leo, was one of the 20th century’s greatest intellects. His original ideas about human nature are central to my philosophy. One of my favorite things about him is his appreciation for feelings. He wrote, “We should not pretend to understand the world only by the intellect; we apprehend it just as much by feeling. Therefore, the judgment of the intellect is, at best, only half of the truth, and must, if it be honest, also come to an understanding of its inadequacy.” I bring this to your attention, Leo, because the coming weeks will be a favorable time to upgrade your own appreciation for the power of your feelings to help you understand the world.

VIRGO (AUG. 23-SEPT. 22): For the indigenous Ojibway people, the word Adizokan means both “story” and “spirit.” In fact, story and spirit are the same thing. Everything has a spirit and everything has a story, including people, animals, trees, lakes, rivers and rocks. Inspired by these thoughts, and in accordance with cosmic omens, I invite you to meditate on how your life stories are central elements of your spirit. I further encourage you to spend some tender, luxurious time telling yourself the stories from your past that you love best. For extra delightful bonus fun, dream up two prospective stories about your future that you would like to create. (Info about Adizokan comes from Ann and John Mahan at SweetWaterVisions.com.)

LIBRA (SEPT. 23-OCT. 22): Author Asli Erdoğan writes, “It had been explained to me from my earliest childhood that I would know love — or that thing called ‘love’ — as long as I was smart and academically brilliant. But no one ever taught me how to get that knowledge.” I’m sorry to say that what was true for her has been true for most of us: No one ever showed us how to find and create and cultivate love. We may have received haphazard clues now and then from our parents and books and movies. But we never got a single day of formal instruction in school about the subject that is at the heart of our quest to live meaningful lives. That’s the bad news, Libra. The good news is that the rest of 2021 will be one of the best times ever for you to learn meaningful truths about love.

SCORPIO (OCT. 23-NOV. 21): Before he journeyed in a spaceship to the moon in 1971, Scorpio astronaut Alan Shepard didn’t think he’d get carried away with a momentous thrill once he arrived at his destination. He was a manly man not given to outward displays of emotion. But when he landed on the lunar surface and gazed upon the majestic sight of his home planet hanging in the sky, he broke into tears. I’m thinking you may have similar experiences in the coming weeks. Mind-opening, heart-awakening experiences may arrive. Your views of the Very Big Picture could bring healing upheavals.

SAGITTARIUS (NOV. 22-DEC. 21): Sagittarian author Clarice Lispector observed, “In a state of grace, one sometimes perceives the deep beauty, hitherto unattainable, of another person.” I suspect that this state of grace will visit you soon, Sagittarius — and probably more than once. I hope you will capitalize on it! Take your time as you tune in to the luminescent souls of the people you value. Become more deeply attuned to their uniquely gorgeous genius.

CAPRICORN (DEC. 22-JAN. 19): Trailblazing Capricorn psychoanalyst Ernest Jones (1879-1958) said, “There is no sense of contradiction within the unconscious; opposite ideas exist happily side by side.” In other words, it’s normal and natural to harbor paradoxical attitudes; it’s healthy and sane to be awash in seemingly incongruous blends. I hope you will use this astrologically propitious time to celebrate your own inner dichotomies, dear Capricorn. If you welcome them as a robust aspect of your deepest, truest nature, they will serve you well. They’ll make you extra curious, expansive and non-dogmatic. (PS: Here’s an example, courtesy of psychologically savvy author Stephen Levine: “For as long as I can remember the alternate antics of the wounded child and the investigations of the ageless Universal played through me.”)

AQUARIUS (JAN. 20-FEB. 18): Aquarian guitarist Django Reinhardt was a celebrated jazz musician in occupied France during World War II. Amazingly, he was able to earn good money by performing frequently — even though he fit descriptions that the rampaging Germans regarded as abhorrent. Nazis persecuted the Romani people, of which he was one. They didn’t ban jazz music, but they severely disapproved of it. And the Nazis hated Jews and Blacks, with whom Reinhardt loved to hang out. The obstacles you’re facing aren’t anywhere near as great as his, but I propose we make him your role model for the next four weeks. May he inspire you to persist and even thrive in the face of challenges!

PISCES (FEB. 19-MARCH 20): Piscean author Richard Matheson believed we’ve become too tame and mild. “We’ve forgotten,” he wrote, about “how to rise to dizzy heights.” He mourned that we’re too eager to live inside narrow boundaries. “The full gamut of life is a shadowy continuum,” he continued, “that runs from gray to more gray. The rainbow is bleached.” If any sign of the zodiac has the power to escape blandness and averageness, it’s you Pisceans — especially in the coming weeks. I invite you to restore the rainbow to its full vivid swath: red, orange, yellow, green, blue, indigo and violet. Maybe even add a few colors.

Homework: Describe what you’re doing to heal the world. Newsletter@freewillastrology.com

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LEGAL NOTICES

Legal Notices

IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR LANE COUNTY Probate Department. In the Matter of the Estate of: NANALEE GAY OLSON, Deceased. Case No. 21PB04871 NOTICE TO INTERESTED PERSONS. NOTICE IS GIVEN that Katherine Hecker and Celinda Travelstead have been appointed co-personal representatives of this estate. All persons having claims against the estate are required to present them, with vouchers attached, to the co-personal representatives c/o Robert Cole Tozer, Attorney at Law, 975 Oak St., Suite 615, Eugene, OR 97401, (541)345-0795, within four months of the date of first publication of this notice, or the claims may be barred. All persons whose rights may be affected by the proceedings may obtain additional information from the records of

the court, the co-personal representatives, or the co-personal representatives’ attorney, Robert Cole Tozer. DATED and first published June 17, 2021. Personal Representative /s/ Katherine Hecker. /s/ Celinda Travelstead

IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR LANE COUNTY. Probate Department. In the Matter of the Estate of Mariann Croisan Allen, Deceased. Case No. 21PB05121 NOTICE TO INTERESTED PERSONS. NOTICE IS HEREBY GIVEN that the undersigned has been appointed Personal Representative. All persons having claims against the estate are required to present them, with vouchers attached, to the undersigned Personal Representative at 767 Willamette Street, Suite 302, Eugene, Oregon 97401, within four months after the date of first publication of this notice, or the claims may be barred. All persons whose rights may be affected by the proceedings may obtain additional information from the records of the Court, the Personal Representative, or the attorney for the Personal Representative, John C. Fisher. Dated and first published on June 24, 2021. /s/ Mary Beth Allen, Personal Representative

NOTICE TO INTERESTED PERSONS Claims against the Estate of Edwin Eugene Huuki, Deceased, Lane County Circuit Court Case No. 20PB04475, are required to be presented to the Personal Representative, Vicki Ann Thompson at 180 East 11th Avenue, Eugene, OR 97401, within four (4) months from 06/10/21, the date of first

publication, or such claims may be barred. Any person whose rights may be affected by the proceeding may obtain additional information from the records of the court, the Personal Representative, or the attorneys for the Personal Representative. HERSHNER HUNTER, LLP, Attorneys

NOTICE TO INTERESTED PERSONS Claims against the Estate of Virginia Vaughn Berggren, Deceased, Lane County Circuit Court Case No. 21PB04529, are required to be presented to the Co-Personal Representatives, Elizabeth Berggren and Bryce Berggren at 180 East 11th Avenue, Eugene, OR 97401, within four (4) months from 06/10/21, the date of first publication, or such claims may be barred. Any person whose rights may be affected by the proceeding may obtain additional information from the records of the court, the Personal Representative, or the attorneys for the Personal Representative. HERSHNER HUNTER, LLP, Attorneys

NOTICE TO INTERESTED PERSONS Notice is hereby given that Amy Gaudia and Shelley Gaudia have been appointed co-personal representatives of the Estate of Gilbert Gaudia, deceased, by the Circuit Court of the State of Oregon for Lane County, Probate File No. 21PB04781. All persons having claims against the estate are hereby notified to present the same to the said co-personal representatives, at the office of the co-personal representatives’ attorney, Andrew L. Kraushaar, 834 Pearl Street, Eugene, OR 97401, within four months from the date of the first publication of this notice or their claims may

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PET OF THE WEEK!

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Handsome boy **Mushu** loves a good chew toy! Since being at the shelter, Mushu’s been a pretty mellow pup, but we know once he falls in love with his people, his outgoing personality will really shine! He loves spending his days sunbathing, playing fetch AND frolicking in bubbles. He can be nervous in new settings so he’s looking for a

patient family who will allow him time to get comfortable in his new home. His ideal family will be very active as he would make a wonderful companion on daily walks, runs, hikes and adventures! Mushu is a one-and-a-half-year-old pitbull terrier that weighs between 55 and 65 lbs. We recommend Mushu start out as the only pet in the home but once he settles in, he might enjoy having a doggie sibling to romp around with. Since he can be shy with new people Mushu should meet children slow. Once a child gains his trust, Mushu will love to play fetch with them all day! If you think this sweet, sensitive boy is the one for you make an appointment to meet Mushu today!

Open 7 days a week 11am-6pm

HEAR YE, HEAR YE!!



LEGAL NOTICES

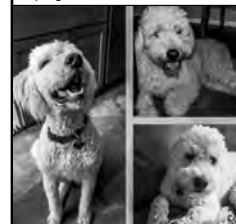
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Riley Great Pyrenees/Poodle blend, 1 year old, approx. 55 lbs. ***SPECIAL NEEDS *** Riley is a truly loving and special girl, and our team loves her dearly. A little standoffish upon first meeting, Riley will attach herself to her favorite person after some time to warm up to her new

home. We HIGHLY RECOMMEND a home with older children (13 and older) or adults only. Riley loves her daily walks and is presently working on leash manners with the support of her foster family. Dog friends are great for Riley. She enjoys a play date (or everyday) of wrestling and racing with a buddy. Riley lives with a medical condition that causes her to leak urine if she is not on prescription medication. The medication really helps her, though sometimes doggie diapers are a necessity. Because of Riley’s medical condition, she is prone to urinary tract infections, which will require an adopter who is attentive to her needs, and can continue managing her health, with medical care expenses estimating between \$60-\$150 per month. Riley has so much life in her and can live comfortably with the right person(s) who understand her long-term medical needs and can see how truly special she is.

www.facebook.com/WigglyTailsDogRescue

RED MEAT

low-hanging fruit salad

from the secret files of
Max Cannon



be barred. Date of first publicaion of this notice is 06/17/21. All persons whose rights may be affected by the proceeding may obtain additional information from the records of the Court or from the co-personal representatives, or from the co-personal representatives' attorney, Andrew L. Kraushaar, 834 Pearl Street, Eugene OR 97401; Phone 541-484-1066.

NOTICE TO INTERESTED PERSONS
NOTICE IS HEREBY GIVEN that the undersigned has been appointed and has qualified as the Personal Representative of the Estate of Bobby Allen Morrow, deceased, Lane County Probate No. 21PB04562. All persons having claims against the estate are required to present their claims, with proper vouchers, within four months after the date of first publication of this notice, as stated below, to the Personal Representative at 188 West B Street, Bldg. N, Springfield, Oregon 97477, or the claims may be affected by the proceedings in this Trust may obtain additional information from the Trustees, or the attorney for the Trustees. Dated and first published: 06/10/21. Janelle L.W. Mahoney and Don Gary Reitz. Kay Hyde-Patton, Attorney for Successor Co-Trustees, Leahy Cox, LLP, 188 W. B Street, Bldg. N, Springfield, Oregon 97477, (541) 746-9621

NOTICE TO INTERESTED PERSONS
NOTICE IS HEREBY GIVEN that the undersigned have accepted to act as the Successor Co-Trustees of the Heather C. Wilson Living Trust, created

on April 4, 1994, restated on February 13, 2018, and is currently in existence. All persons having claims against Heather C. Wilson or the Heather C. Wilson Living Trust are required to present their claims, with proper vouchers, within four months after the date of first publication of this notice, as stated below, to the Trustee at 188 West B Street, Bldg. N, Springfield, Oregon 97477, or the claims may be barred. All persons whose rights may be affected by the proceedings in this Trust may obtain additional information from the Trustees, or the attorney for the Trustees. Dated and first published: 06/10/21. Janelle L.W. Mahoney and Don Gary Reitz. Kay Hyde-Patton, Attorney for Successor Co-Trustees, Leahy Cox, LLP, 188 W. B Street, Bldg. N, Springfield, Oregon 97477, (541) 746-9621

NOTICE TO INTERESTED PERSONS:
Probate administration proceedings in the Estate of William Frederick Danielson, Deceased, are now pending in the Circuit Court of the State of Oregon for Lane County, Case No. 21PB04598, and Roberta Conway has been appointed Personal Representative of the estate. All persons having claims against the estate are required to present the same, with proper vouchers, to the Personal Representative, c/o Gleaves Swearingen LLP, Attorneys at Law, 975 Oak Street, Suite 800, Eugene, OR 97401, within 4 months from the date of the first publication of this notice or such claims may be barred. NOTICE IS FURTHER GIVEN to all persons whose rights may be affected by the above-entitled proceedings that additional information

may be obtained from the records of the Court, the Personal Representative or the attorneys for the Personal Representative. Dated and first published this 24th day of June, 2021.

NOTICE TO INTERESTED PERSONS:
Probate proceedings in the Estate of Ann Louise Kleinsasser, Deceased, are now pending in the Circuit Court of the State of Oregon for Lane County, Case No. 21PB04542, and Katherine L. Kleinsasser has been appointed Personal Representative of the estate. All persons having claims against the estate are required to present the same, with proper vouchers, to the Personal Representative, c/o Gleaves Swearingen LLP, Attorneys at Law, 975 Oak Street, Suite 800, Eugene, OR 97401, within 4 months from the date of the first publication of this notice or such claims may be barred. NOTICE IS FURTHER GIVEN to all persons whose rights may be affected by the above-entitled proceedings that additional information may be obtained from the records of the Court, the Personal Representative or the attorneys for the Personal Representative. Dated and first published this 10th day of June, 2021.

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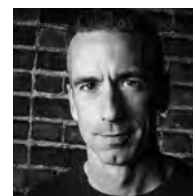
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SAVAGE LOVE

**Knowing
You**
BY DAN SAVAGE



I'm a 40-year-old gay male. I live in a big city, in a dense neighborhood. While I've been working from home during COVID, I've been sitting at my kitchen table facing a big window. Across the alley is an apartment with a deck. At one point, I noticed a cute, young, muscular guy outside. I ran into this guy a few weeks later at a neighborhood liquor store. While I was looking at porn one night I was stunned to find his nudes and a link to his OnlyFans. I instantly subscribed, went through everything, including his gay sex vids, and, yeah, I came. I tipped him and put in a few comments about what kind of content he should put up next. He took my suggestions and I tipped him again. About a week ago he knocked on my door and asked if I had jumper cables. That night, I found a six pack of beer by my door and a note from him thanking me for my help. I got back on his page and came so hard as I drank his beer. I don't want to have sex with this guy — he's not really my type and he's too young. I do get off on knowing that I can pull up his dick pics whenever I want and that he will do anything for a few bucks. But I question if I'm crossing a line. He obviously doesn't know his neighbor is jerking off to him and probably wants to keep his porn life separate from his private life. Should I feel gross about this?

— Rear Window

You know something about your neighbor that your neighbor doesn't know you know about him, RW, and knowledge is power and having power over someone can be sexy. Power imbalances are such a turn-on that people will manufacture them in their absence. For some people having less power (or giving up the power they have) is a turn-on; for others having more power (or being granted more power) is a turn-on. So long as everything is consensual and no one is being exploited or exploitative, RW, no one has to feel gross about it. (Pease note: making sure no one is being exploited during consensual power play or during consensual sex in the presence of a significant power imbalance requires thoughtful self-scrutiny, solid communication skills and a willingness to negotiate and renegotiate.)

What you're doing is consensual and no one is being exploited. Your hot neighbor is putting his content out there for gay and bi men to enjoy — and straight and bi women too — and being recognized by someone at the liquor store or on the street was always a risk. Jacking off to your neighbor's videos and enjoying the very slight power imbalance and helping him pay his bills in the process isn't gross. It's the modern porn business working as intended.

But even if your hot neighbor feels no shame about the work he does — and here's hoping he doesn't because there's nothing shameful about it — your hot neighbor may not care to be reminded that his neighbors could be jerking off to him. (Or have it confirmed that at least one is.) If you were to get to know him better — surely you'll say hello the next time you see him at the liquor store — and you became acquaintances and he brought up what he does for a living, RW, then you should tell him you're a subscriber. But until that point, err on the side of keeping your mouth shut and your wallet open. You're not endorsing or reinforcing shame about making porn by being discreet; instead you're making a reasonable assumption about a boundary someone in his position is very likely to have and respecting that assumed boundary.

And finally, RW, I'm not sure I believe you when you say this guy isn't your type considering the number of loads you've blown while watching his porn. And while he may be too young for you — and you can absolutely set a floor — whether men in their 40s are too old for him is his call to make.

My girlfriend gave me an impromptu blowjob on our way to a party. When we arrived she kissed our host — a mutual (and vaccinated) friend — on the lips. This friend gave my girlfriend a strange look. I practice good personal hygiene but we're pretty sure our host could smell my dick on my girlfriend. Should she have refrained from kissing the host? Excused herself to wash her face first? What's the protocol here?

— Where That Mouth Has Been

Kissing someone after they've given a blowjob to someone else — it's a risk we all take when we kiss people we aren't dating. Hell, it's a risk some of us take when we kiss the people we are dating. But as a courtesy to others someone who's just given a blowjob should go for the cheek instead. Unless they're kissing the person they just blew, of course, in which case wide open mouth with tongue.

I am a newly polyamorous woman in my late 30s. I am part of a triad, which is so fun and amazing, and I also have a boyfriend. The boyfriend is why I am writing. We have some serious NRE and have been spending a lot of time together. I recently met his girlfriend of 1.5 years and it derailed things for me. He has been sharing every detail of our relationship with her. She knew everything about me, every private joke we shared, and so much about our intimacy that it made me incredibly uncomfortable. And I knew next to nothing about her and it was quite awkward for me. It turns out this was a boundary that I didn't know I had. I feel betrayed and like there was a secret voyeur in our relationship. I am really into this guy but I don't know how to move forward. How can I feel like we are sharing something special when he goes back to his other partner and tells her everything? He said he could adjust his behavior, but I don't want to make someone change or have to trust that he's not reporting everything back to her. Is this something I just have to deal with in polyamorous relationships?

— Newly Poly Problems

You don't want your boyfriend to do anything differently — you don't want him to change — but you also don't want him to keep doing what he's doing. Sorry, NPP, but you're gonna have to pick one: he's gonna change for you, i.e. he's going to "adjust his behavior" and stop telling his other girlfriend everything, or he's not gonna change and you're gonna get over his other girlfriend knowing everything. Or, if the issue was his other girlfriend knowing everything about you while you knew next to nothing about her, NPP, your boyfriend could "adjust his behavior," aka "change," by telling you everything about her from here on out. Or, third option (or is the fourth option? I've lost track), you could dump him. If you don't want him to change and you also don't want him to keep doing what he's been doing to you, NPP, then let him do it to someone else.

Is there a way forward if you want to stay together? There could be. It would help to know why he was treating you differently. Have you asked? It could be that his other girlfriend wants to hear the details about the other people he dates — maybe hearing the details turns her on, maybe hearing the details makes her feel more secure, maybe it's a little bit of both — and he is too thoughtless or too scared or too inexperienced to ask what you wanted. If he has apologized to you and explained the differing treatment — and if the apology seemed sincere and the explanation was satisfactory — you could let him adjust his behavior to make you feel more comfortable and then give him enough time to prove that he has changed... if you'll allow him to change.

And finally, NPP, this is something you're gonna have to get used to as you continue to explore polyamory. Most polyamorous couples err on the side of sharing too much rather than too little. Some poly people only want a rough outline about their other partners, NPP, but some want to hear every last detail. If you don't want someone you're dating to share intimate details with their other partner(s), you'll have to ask them not to share.



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